

Starting your own Manresan Group

1. Decide on and secure a meeting location.

Most groups meet once per month for approximately 1 hour, always at the same place and time. Many meetings are held after a weekday Mass, with group members meeting first for Mass and then moving to a meeting room after.

2. Decide who will be the group “moderator”.

The moderator is the individual who leads the meetings. This person will choose readings, discussion topics, etc. and keep the meetings on time and moving. This can be a lay person or a priest if one is available.

During The Meetings

-Most meetings open and close with a prayer led by either the moderator or a priest if one is present.

-The discussion topics for Manresan Group meetings are decided upon by the individual groups.

-Many groups will select a book discussing Ignatian topics and (similar to a book club) will spend the meetings discussing the assigned reading. Some meetings will focus on certain passages from the Bible.

Build Your Group

-Let the people who attend retreat with you know about your group and invite them to attend.

-Advertise your Manresan Group meeting in your parish bulletin, parish bulletin boards or wherever you feel applicable.

-Contact White House Retreat to have your meeting added to the Manresan Society webpage:
www.whretreat.org/manresam-society

*Each meeting is independently organized and operated. For any additional information please feel free to reach out to Joe Parisi at joep@whretreat.org. We wish you all the best in keeping the “Spirit” alive! God Bless.